



Watch Kids Around Water



One of the greatest gifts in learning to swim is enjoying time as a family swimming. Unfortunately, 9 out of 10 drowning deaths happen when a caregiver is supervising but not paying attention. Caregivers should follow these safety tips when in aquatic settings.

- **SUPERVISION WITHOUT DISTRACTION IS KEY.**

Constant adult supervision is key to preventing accidents around the water and no child should ever be left unattended around pools or open water. Children should only be near the pool when there is a responsible adult watching the pool.

- **ENSURE YOUR POOL HAS FOUR-SIDED FENCING WITH SELF-CLOSING OR SELF-LATCHING LOCKS.**

Four sided isolation fencing in every pool could prevent 50-90% of childhood drownings and near drownings.

- **ENROLL YOUR CHILDREN IN A LEARN-TO-SWIM PROGRAM.**

Swim lessons save lives. Even toddlers can learn basic swimming skills that they can use if they ever end up in the water. And a good swim program will always teach safer behaviors for children and families around the pool.

- **CAREGIVERS SHOULD LEARN HOW TO SWIM, BE COMFORTABLE IN ALL AQUATIC SETTINGS, AND LEARN TO ADMINISTER CPR IN THE EVENT OF AN EMERGENCY.**

Preparation is needed to avoid incidents in the water. Reduce the risk during an emergency by learning emergency response techniques.

- **CAREGIVERS AND CHILDREN SHOULD ALWAYS WEAR A LIFE JACKET AROUND OPEN WATER, EVEN IF YOU KNOW HOW TO SWIM.**

Even if an adult feels comfortable in the water, a life jacket or flotation device gives an extra layer of protection and confidence in the event of an emergency.